



AMATEUR SWIMMING ASSOCIATION – SOUTH EAST REGION
(Under ASA Laws and ASA Technical Rules of Swimming)
ALDERSHOT GARRISON SPORTS CENTRE
SATURDAY 26TH & SUNDAY 27TH November 2005

Supplementary Disability Swimming Conditions
To be used in conjunction with Championships Conditions

The general conditions South East Region Championships shall apply to the Disability Swimming events except where varied by any of the following conditions.

1. The Events Men and Women

- 1.1 50m, 100m and 200m Freestyle S1-S14
- 1.2 50m Backstroke, Butterfly (SB1–S14) and Breaststroke (SB1-SB9, SB11-SB14)
- 1.3 100m & **200m Backstroke S6-S14
- 1.4 100m & **200m Breaststroke SB4-SB9, SB11-SB14
- 1.5 100m & **200m Butterfly **S8–S14
- 1.6 **400m Freestyle S6-S14
- 1.7 150m Individual Medley SM1-SM4
- 1.8 200m & **400 Individual Medley SM5-SM14

** For 200m events, only swimmers who have achieved the qualifying standard for the equivalent 100m event may enter within the classifications stated above. This also applies to the 400m IM & 400m FS, i.e. only swimmers who have achieved the qualifying standard for the 200 IM may enter. The 200m and 400m events will be swum as heat declared winner.

Events will be held under the ASA Technical Rules of Disability Swimming.

2. Eligibility

- 2.1. Swimmers must be a minimum of 11 years of age on the 27th November 2005
- 2.2. All swimmers **must** have an internationally authorised classification and a Functional Ability Card (FAC) at the time of entry.
- 2.3. Swimmers **must** have an authorised IPC Swimming classification
- 2.4. Swimmers **must** present their FAC at the call up area for all events entered. Failure to present your FAC card at the call up area may lead to disqualification.

3. Accreditation

- 3.1. All coaches and personal care attendants must have accreditation. Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, and S11. Such attendants will be excluded from any restrictions and will be given the same accreditation as the swimmer for whom they have personal care responsibilities.
- 3.2. A swimmer in any of the classes in specified in 3.1 may have both a coach and a personal care attendant present. (For the first accreditation there will be at a charge of £6.00 per day. The second accreditation will be free of charge)

4. Competition Format

- 4.1. The competition format will be based on disability inclusion within the able bodied programme. Swimmers will be integrated on a time-banded basis in all events with the exception of the 150m Ind. Medley. Positions will be determined by each swimmers times relative to their own classification's British record. For detail see worked example set out in Appendix A
- 4.2. The organisers may combine the male and female SM1-SM4 150m Individual Medley event dependant upon the number of entries.
- 4.3. All events will be heat declared winners.
- 4.4. Competition to be run to ASA rules with exceptions as per the IPC Swimming swim rules.

5. Medals

Medals shall be awarded on a multi disability basis to 1st, 2nd and 3rd place in each event. If less than four swimmers participate in any one event then a minus one ruling shall apply. If only one swimmer

participates in any event, then the swimmer shall be awarded a medal providing he/she is equal to or better than their entry time for that event. Placing shall be determined by the three swimmers who either achieve a time better than or is closest to the equivalent British Long Course record relevant to their own classification. Medals shall be awarded during the relevant session that the event has taken place

	L1	L2	L3	L4	L5	L6	L7	L8
NAME	SWIMMER A	SWIMMER B	SWIMMER C	SWIMMER D	SWIMMER E	SWIMMER F	SWIMMER G	SWIMMER H
CLASS	S9	S9	S8	S9	S10	S10	S8	S8
BRITISH RECORD AS AT 1st Jan 2004	1:08.72	1:08.72	1:16.41	1:08.72	58.04	58.04	1:16.41	1:16.41
RACE TIME	1:22.68 (5 th)	1:20.40 (4 th)	1:26.72 (6 th)	1:14.90 (3 rd)	58.00 (1 st)	1:05.56 (2 nd)	1:28.43 (7 th)	1:30.78 (8 th)
CALC	68.72 -82.68	68.72 -80.40	76.41 -86.72	68.72 -74.90	58.04 -58.00	58.04 -65.56	76.41 -88.43	76.41 -90.78
RESULT	-13.96	-11.68	-10.31	-6.18	+0.04	-7.52	-12.02	-14.37
PLACE	7 TH	5 TH	4 TH	2 ND	1 ST	3 RD	6 TH	8 TH

EXAMPLE OF MEDAL PLACING CALCULATION

DISABILITY INCLUSIVE QUALIFYING TIMES

(Based on 25m Pool)

MALE	EVENT and CATEGORY	FEMALE
	50m Freestyle	
03:00.00	S1	03:20.00
02:17.00	S2	02:45.00
01:28.00	S3	02:13.00
01:12.00	S4	01:38.00
01:00.00	S5	01:13.00
00:54.00	S6	01:03.00
00:48.00	S7	00:58.00
00:42.00	S8	00:56.00
00:40.00	S9	00:48.00
00:36.00	S10	00:47.00
00:35.00	S11	00:52.00
00:41.00	S12	00:49.00
00:40.00	S13	00:46.00
00:42.00	S14	00:50.00
	100m Freestyle	
05:10.00	S1	06:20.00
04:07.00	S2	04:46.00
03:10.00	S3	04:12.00
02:50.00	S4	03:18.00
02:20.00	S5	02:50.00
01:55.00	S6	02:17.00
01:40.00	S7	02:00.00
01:30.00	S8	01:55.00
01:25.00	S9	01:45.00
01:15.00	S10	01:43.00
01:30.00	S11	02:03.00
01:20.00	S12	01:48.00
01:25.00	S13	01:19.86
01:14.00	S14	01:19.08

MALE	EVENT and CATEGORY	FEMALE
	200m Freestyle	
12:20.00	S1	10:40.00
07:00.00	S2	08:24.00
06:30.00	S3	06:54.00
05:51.00	S4	07:21.00
05:35.00	S5	06:17.00
	400m Freestyle	
08:00.00	S6	08:45.00
07:45.00	S7	08:30.00
07:30.00	S8	08:00.00
07:00.00	S9	07:25.00
06:30.00	S10	07:10.00
07:30.00	S11	08:00.00
07:00.00	S12	07:25.00
06:30.00	S13	07:10.00
06:30.00	S14	07:10.00
	50m Butterfly	
03:45.00	S1	03:54.00
02:47.00	S2	03:00.00
02:16.00	S3	02:28.00
01:44.00	S4	02:10.00
01:17.00	S5	01:38.00
01:02.00	S6	01:17.00
00:53.00	S7	01:13.00
00:40.51	S8	00:51.57
00:38.84	S9	00:45.72
00:36.46	S10	00:46.09
00:39.85	S11	00:47.23
00:37.25	S12	00:45.32
00:37.21	S13	00:41.21
00:38.61	S14	00:40.38

MALE	EVENT and CATEGORY	FEMALE
	100m Butterfly	
02:00.00	S8	02:33.00
01:44.00	S9	02:05.00
01:38.00	S10	01:55.00
01:48.00	S11	02:34.00
01:44.00	S12	02:10.00
01:38.00	S13	01:55.00
01:38.00	S14	01:55.00
	50m Backstroke	
03:05.00	S1	03:25.00
02:23.00	S2	02:48.00
01:44.00	S3	02:35.00
01:25.00	S4	01:39.00
01:16.00	S5	01:38.00
00:52.04	S6	01:00.62
00:46.42	S7	01:05.98
00:52.23	S8	00:49.80
00:41.07	S9	00:48.87
00:41.41	S10	00:47.33
00:00.00	S11	00:53.03
00:43.33	S12	00:51.09
00:43.00	S13	00:47.50
00:42.39	S14	00:44.29
	100m Backstroke	
02:10.00	S6	02:42.00
02:05.00	S7	02:31.00
01:59.00	S8	02:30.00
01:46.00	S9	02:07.00
01:44.00	S10	02:02.00
02:06.00	S11	02:16.00
01:55.00	S12	02:14.00
01:53.00	S13	02:02.00
01:49.00	S14	02:02.00

MALE	EVENT and CATEGORY	FEMALE
	50m Breaststroke	
02:45.00	SB1	03:15.00
01:51.00	SB2	02:48.00
01:31.00	SB3	01:56.00
01:30.82	SB4	01:24.67
00:59.93	SB5	01:07.66
00:55.72	SB6	01:07.18
00:50.64	SB7	01:04.62
00:49.00	SB8	00:59.32
00:45.75	SB9	00:52.70
00:00.00	SB11	00:55.03
00:45.01	SB12	00:55.38
00:46.05	SB13	00:52.88
00:45.60	SB14	00:49.73
	100m Breaststroke	
03:02.00	SB4	03:24.0
02:40.00	SB5	03:19.00
02:35.00	SB6	03:05.00
02:20.00	SB7	03:03.00
02:14.00	SB8	02:25.00
02:08.00	SB9	02:19.00
02:16.00	SB11	02:48.00
02:03.00	SB12	02:24.00
01:56.00	SB13	02:20.00
02:00.00	SB14	02:20.00
	150m Ind. Medley	
09:10.00	SM1	07:55.00
07:40.00	SM2	08:22.00
06:11.00	SM3	06:46.00
04:48.00	SM4	05:54.00
	200m Ind. Medley	
05:58.00	SM5	06:46.00
04:54.00	SM6	06:07.00
04:23.00	SM7	05:33.00
04:19.00	SM8	04:22.00
03:56.00	SM9	04:03.00
03:44.00	SM10	04:00.00
04:14.00	SM11	05:02.00
02:45.00	SB1	03:15.00
01:51.00	SB2	02:48.00

Entry will be based on the above qualifying times. Dependent on the number of entries the slowest competitors may be rejected at the discretion of the promoter.



Please use BLOCK LETTERS

CLUB

[illegible]

DATE OF BIRTH

--	--	--	--	--	--

MALE / FEMALE (delete as appropriate)

GIVEN NAME

[illegible]

FAMILY NAME

[illegible]

ADDRESS

..... POST CODE..... TELEPHONE No

CLASSIFICATION: **S**() **SM**() **SB**()

(Please tick one of the above)

TIMES TO BE ACHIEVED AFTER 1st January 2005

Entry will be based on **qualifying** times and may be restricted at the discretion of the promoter.

I hereby declare that the above particulars are correct and that I am an eligible competitor in accordance with the laws of the Amateur Swimming Association and will abide by the conditions laid down by the promoter for this competition.

Signature of Competitor

Date

Return the completed form, together with the Entry Fee of **£4.50** per event AND a 9½" X 6½" S.A.E. (for the return of your cards) to:

Mr Eileen Adams, 2 Glynswood, Chalfont St. Peter, Bucks SL9 0DP.

CLOSING DATE FOR ENTRIES – 29th October 2005

Cheques made payable to **ASA South East Region**